

SUMMER REGREATION



AUGUST 2011 CALENDAR

"Fitness and Fun... For Everyone!"

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|---|
| Sport of the Week: Field/Street Hockey → | 1 6-7:30am Lap Swim 8-8:45am Pre-K Swim 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 2 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 3 6-7:30am Lap Swim 8-8:45am Pre-K Swim 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 4 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 5 6-7:30am Lap Swim 8-8:45am Pre-K Swim AM & PM REC: "4th Annual Olympics!" 4-5pm Open Swim | Character Trait Of the Week: Respect |
| Sport of the Week: Football/Soccer | 8 6-7:30am Lap Swim 8-8:45am Pre-K Swim 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 9 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 10 6-7:30am Lap Swim 8-8:45am Pre-K Swim 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 9am-12pm AM REC 1-4pm PM REC 4-5pm Open Swim | 12 6-7:30am Lap Swim 8-8:45am Pre-K Swim 9am-5pm Field Trip: "Darien Lake!" | Character Trait Of the Week: Service "Let's Can Hunger!" Food Drive |
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